



PACFA Safety Through Diversity Conference 2022

Day 4 - Research & the Future of the Profession

This year's PACFA conference is a "Collaborative Festival of Ideas" running online from 13-18th November 2022. The conference brings diverse voices together in a sharing of perspectives around the aspirational theme Safety Through Diversity.

Together, collaborators ('presenters') and participants will co-create meaningful dialogues towards the advancement of the professions represented by PACFA and the safe and diverse delivery of mental health in Australia.

The content for Research and the Future of the Profession is organised around an exploration of how research can increase the presence and influence of Psychotherapy, Counselling and Indigenous Healing Practices in Australia. We encourage discussion on how research and practice in these fields can contribute to the wider mental health landscape and create a road map for the future of research and advocacy in this area.

[What is a Spiral Chat?](#)

Participants agree to adhere to PACFA's [Community of Care Guidelines](#).

Participants agree to follow the below Guidelines for Participation.

Guidelines for Participation

Zoom Meetings is the technological platform in which this PACFA Safety Through Diversity Conference 2022 is being held and participants can make use of the following functions:

- **Camera** may be turned on or off while listening but we invite you to have it turned on for anyone who feels comfortable doing so while speaking. We recognise that many people are uncomfortable or unable to speak while their cameras are turned on, and encourage you to do what feels right for you, to ensure greater disability and neurodivergent inclusion and equity.
- **Microphone** (sharing sound) must be turned off unless you are the person or people talking aloud in multi-person chat with collaborative interruptions (common in some cultural communication styles).



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- **“Hand up”** signal (if you do not have a physical hand, choose the “raise hand” text or emoji) indicates that you wish to share. Zoom will automatically place you in a “queue” – first hand up is first to share.
- **Reactions** can be used to indicate a range of feelings in response to people’s comments. These provide an option for non-speakers, visual thinkers, and people who are more comfortable communicating in pictures/emoticons to share.
- **Chat** can be used to express thoughts, feelings, questions and ideas in response to people’s comments, or other chat users. Chat can also be used to communicate privately with other participants or collaborators. Please be aware that collaborators may not necessarily be able to respond to your question or comment, but we ask that you appreciate responses. The chat will be monitored. Participants who attend are both responsible and accountable for their contributions, which will be saved and recorded.
- All of the various types of contributions above are expected to follow the Community of Care Guidelines. Comments that violate the Guidelines may result in a warning and/or removal from the Zoom at moderator discretion.

Please note: if you are using a Mac computer, you will need to [download Zoom for Mac](#). You will not be able to access the conference through a web browser on a Mac computer.

How to Update to a More Inclusive Zoom Handle

We encourage all participants to include their pronouns and the Aboriginal lands they’re on in their Zoom handle. Read on for instructions on how to do this.

[Whose land am I on?](#)

[What are my pronouns?](#)

A note on pronouns:

Some people use multiple sets of pronouns. For example, ‘she/they’ indicates that the person uses both she/her and they/them pronouns. Using this example:

Pronoun	Meaning
Alternating she/they	The person wants others to intentionally switch between the sets of pronouns instead of choosing just one or the other to use
Either she/they	The person doesn’t mind which of the specified pronouns others use for them



Another option:

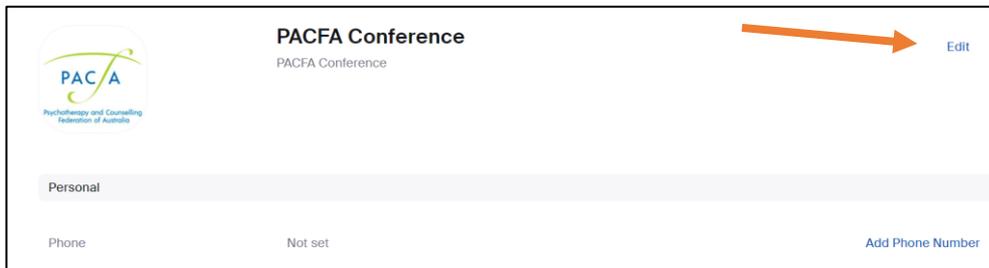
Pronoun	Meaning
Just my name	The person doesn't use pronouns and wants to only be referred to by their name

Some people may also wish to include their pronouns in all of their languages and cultural backgrounds.

Some people use neopronouns (for example, ey/em/eyr, fae/faer, etc.) instead of the options above.

Option 1: before joining the meeting

1. Head to <https://zoom.us/profile?from=client> in your web browser.
2. Click on 'Edit' in the top right corner.



3. Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.

First Name

Last Name

Display Name

Enter a name (e.g. your first name, full name, or nickname) that will be shown to others on Zoom

Option 2: in the meeting

1. Click on 'Participants' in the toolbar at the bottom of the Zoom window.

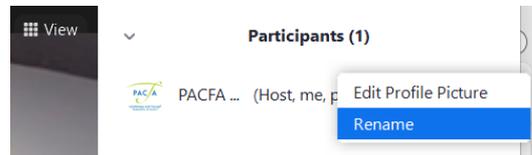




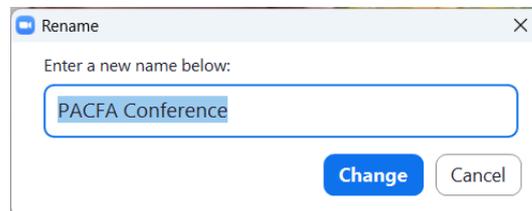
2. A list of participants will appear on the right-hand side of the screen. Hover over your name so that that three dots icon appears.



3. Click on the three dots and select 'Rename'.



4. Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.





Option 3: on your phone

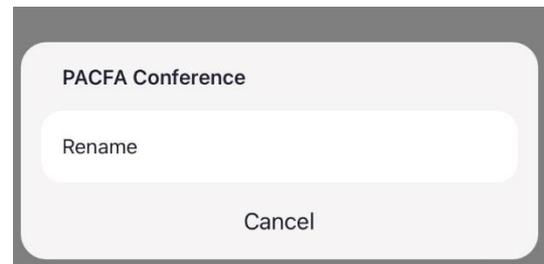
1. Tap 'Participants' on the bottom toolbar.



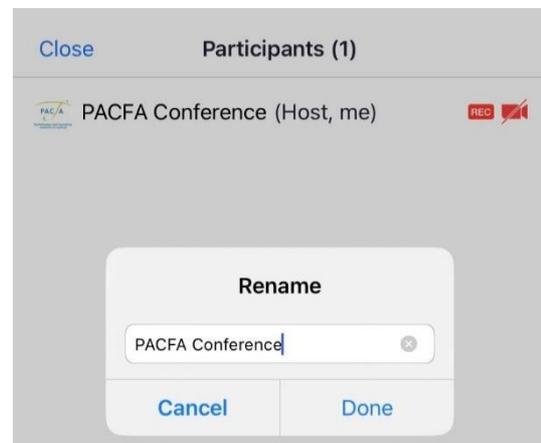
2. Tap on your name.



3. Tap 'Rename'.



4. Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.





Day 4 - Run Sheet

Time = Australian Eastern Standard Daylight Savings Time (AEDT)

Note that other than the start time of 10am, times, including the finish time, **are approximate and flexible** and will support the effective ebb and flow of the day's discussions.

Time	What	Who
10.00am	<ul style="list-style-type: none"> • Acknowledgment or Welcome to Country • Guidelines to support online participation • Community of Care guidelines • Overview of the day and the format, including ways to participate • Brief introduction of collaborators 	Members of the PACFA Research Committee: Dr Cathy Bettman (she/her) - University of Notre Dame Dr Alexandra Bloch-Atefi (she/her) - University of Adelaide Dr Elizabeth Day (they/she) - Auckland University of Technology Dr Tristan Snell (he/him) - Deakin University
	<p><i>Note: Each collaborator (or group of collaborators) will have a 75 minutes to a 90 minutes timeslot that they can organise the way they find works best for them. The idea is to cover the following:</i></p> <ul style="list-style-type: none"> • <i>Positioning statement (who are you, what do you identify with culturally etc, - If you feel comfortable doing so, you are encouraged to include an anti-oppressive practice positioning statement regarding your social position, privilege, marginalisation, and relevant lived experience)</i> • <i>Speaking about your topic</i> • <i>Collaborators have 3 to 4 questions prepared (in relation to their topic) for the conference participants to discuss,</i> • <i>Allocate time for audience questions as well, which they can put in the chat.</i> • <i>Research Committee members will help; summarising outcomes, recommendations and actions arrived at in discussions</i> 	
10.30am	Taking action: The importance of epistemic resistance against injustice, oppression, and silencing	Jane Marsden (she/her) – current editor of The Psychotherapy and Counselling Journal of Australia (PACJA)



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Psychotherapy and Counselling
Federation of Australia

	including, but not limited to, the marginalisation of Aboriginal and Torres Strait Islander healing practices in psychotherapy and counselling research and publishing	Dr Rhys Price-Robertson (he/him) and Dr Gávi Ansara (he/him) – past editors of The Psychotherapy and Counselling Journal of Australia (PACJA)
12.00pm	Round table discussion with HDR students from various counselling training institutions – speaking about “What are the benefits as well as the problems inherent in conducting research as an HDR student?” “What has enabled me, supported me in conducting research?”	Sophie Helen Lea (she/her) Jacinta Marks (she/her) Alessandro Di Giacomo (he/him) Margaret Welch (she/her) George Prince (he/him) Megan Buys (she/her) Rana Kokcinar (they/she) Natasha Darke (she/her)
1.15pm	CATSIHP research project on historical frontier violence and its impacts on Indigenous Australians today.	Associate Professor Michelle Evans (she/her) - University of Melbourne Associate Professor Julie Moschion (she/her) - University of Melbourne Emeritus Professor Aunty Judy Atkinson (she/her) - CATSIHP Convenor
2.45pm	Engaging with Māori, as ‘tangata whenua’ (people of the land) as the first step in engaging in psychotherapy and counselling research in Aoeteroa New Zealand.	Keith Tudor (he/him) - Professor of Psychotherapy (Auckland University of Technology)
4.15pm	Overall summary of outcomes, recommendations, and actions by collaborators and the Research Committee, with invitation to be joined by conference participants with questions and/or summarising comments facilitated through the chat function	All
5.30pm	Close	